The study aimed to find out the effects of fathers parenting technique on the emotional and social development of adolescents from the north zone high schools of Ilocos Norte.

The study was descriptive-correlation method of research utilizing the questionnaire as data gathering tool. Stratified random sampling was utilized in selecting the respondents. A total of 256 fathers and their adolescents were taken as respondents using the Slovin’s formula.

Profile of the fathers respondents were analyzed using frequency and percentage and weighted mean. To different the relationship of variables, Pearson r and the t-test of the difference of correlated samples were used. The test of hypotheses was set to .05 level of significance.

The father-respondents are generally on their early stage and predominantly high school graduates. More than half of them engaged in blue collar job with a monthly income of 5,000 and below. Most of them are catholic in religion.

The father-respondents practice the authoritarian and permissive techniques parenting occasionally while frequently practice the authoritarian and permissive technique of parenting occasionally while frequently practice the authoritative techniques implying the fathers practice the three techniques of parenting in dealing with their adolescent children.

The adolescent have attained a moderately favorable level of emotional and social development.

Both the father and adolescent agree as to the level of the techniques used by fathers in parenting their adolescent.
Age, educational attainment, occupation, religion and monthly income are significantly related to the parenting techniques of the fathers’ respondents.

Adolescent can develop emotionally and socially to a favorable level regardless of father's education, age, income, occupation and religion.

The significant positive correlation indicates that the more frequent the fathers practice the three parenting techniques. The more favorable the adolescents emotional development and the more they become socially developed.