This study established an in-depth understanding of the development of adolescents growing up in father absent homes. Specifically, it determined the socio-demographic characteristics of adolescents in terms of age, sex civil status, family structure and presence of father figure in the family, the nature of fathers’ absence as to onset of non-existence from home and cause of absence and adolescents’ development as to emotional, social, cognitive and behavioral aspects. It further determined the significant difference on the nature of fathers’ absence and adolescents’ development and proposed a personal motivation guide to adolescents.

This study employed the descriptive-correlation research method which involved individual high school and college students of Northwestern University belong to the age bracket 13-20 years old and is living in a father-absent home. A purposive sampling technique was used in choosing the respondents. A structured questionnaire was used to gather data and an informal interview was undertaken to supplement the data gathered through the questionnaire. Data gathered were analyzed and interpreted using the frequency and percentage, weighted mean (WAM) and Analysis Variance (ANOVA).

Results of the study revealed that majority of the respondents belong to the late period of adolescence. All of the respondents are single. The study also found out that majority of the respondents belong to an extended type of family and they do not have a father figure in the household.

Furthermore, the study revealed that most of the respondents experienced the onset of their father’s non-existence from home during their school-age period and most of the caused of the father’s absence are death.
Generally, the indicators of normal emotional and behavioral development of adolescents are very much a characteristic of them while the social and cognitive development are only slightly a characteristic of them.

The results of the study revealed that there is no significant difference on the onset of father’s absence and adolescent’s development. Moreover, results of the study revealed that there is a significant difference on the cause of father’s absence.

Based on the findings and conclusions, a personal motivation guide was proposed to inspire and encourage adolescents to continue on growing and developing normally despite the absence of their father.