This study determined the childrearing stressors and the coping mechanisms of mothers with special children at Bacarra, Ilocos Norte.

Employing the descriptive research design, data were gathered through a questionnaire which delved on the demographic profile of the mothers, the types of stressors and the level of stress resulting experienced by them, and the coping mechanisms adopted to deal with stresses brought about in the process.

Frequency, percentage, mean and ranking were used to describe the profile, stressors and coping mechanisms of the mothers.

Correlation was employed to test the relationship between the profile variables and the level of stress among the mothers. Chi square was used to determine whether there are significant relationships between the profile variables of mothers and the coping mechanisms adopted as well as the types of stressors.