This study explored and described the lived experiences of teenage pregnant mothers in Ilocos Norte. This study employed the qualitative research design of descriptive phenomenology.

The participants of this research study were selected through purposive sampling based on the following inclusion criteria: teenage mothers aged 13-19 years old and from the province of Ilocos Norte.

In gathering the relevant data, the researcher used semi-structured questionnaire with prompts. The interviews were audio-recorded, transcribed verbatim and transcriptions were reviewed for accuracy. In analyzing the data, Colaizzi 7-steps process was used.

The salient findings of the research study are summarized as follows: The main themes that emerged in the study were: (1) Burdens of a Teen-age Pregnant Mother; (2) Psychological Impacts; (3) Persistent Discomfort of Teenage Pregnancy; (4) Parental Reactions; (5) Perseverance for Dreams and Aspirations; (6) Diversionary Activities; and (7) Amazing Support Network.

The participants narrated different experiences that are not easy to narrate and yet it is an experience worth knowing and understanding. Furthermore, it is concluded that the teenage mothers experienced the love of the family and friends. Despite these difficult experiences, the mother experienced psychological impacts, and their dreams and aspirations of finishing an education continues to linger. Furthermore, the mothers in this research demonstrated maternal discomforts that is earlier than expected because of their being teenagers.